



# Zenith



THE TUCSON CENTER FOR THE MESSAGE

April 2012

*"The blowing rose brings to me Thy perfume, Beloved, which moves my heart to ecstasy."  
Hazrat Inayat Khan*

Dear Friends,

I have very exciting news. Our beloved Aqdas (Ishi Nili) is coming back to Tucson to visit in April. She is feeling well and looking great and would like to share some time with the community. Please read her letter below for details.

This retreat will be instead of the Suluk in Tucson class for the month. There is no charge for the retreat, but donations will be accepted. I believe that it goes without saying that Aqdas' retreat will fulfill any spiritual need you have.

With love, Amira

Dear Friends,

Our next Universal Worship and Healing Service will be **Monday, April 2 at 10 a.m.** at my home. Yes, Monday, because I'll be in the kitchen cooking for Passover the first two Fridays of April.

Ishwara and I are planning a Seder for our Sufi Community on April 13. I hope to see many of you at this special celebration. In May our service will be Friday, May 4 at 10 AM

Love, Rafia 795-9250

Dear Tucson Friends,

I will be in Tucson for 48 hours and will be offering a 2 hour silent "Morning Meditation Retreat," from 9 - 11 AM on Sunday, April 15th at Amira's house. Please call if you have not been to Amira's before, and she'll give you directions 887-5916.

As always, everyone is welcome. If you are bringing any newcomers, please let them know what to expect - practices with purification, deep meditation, ending with prayers for peace. Since it is a "Suluk in the Center" day, I'll also include some of the teachings from that session. My heart leaps when I think of meditating with you again. Like something I've been so thirsty for...to finally drink holy water and create sacred space with you again.

Afterward, we'll share in a potluck until noon. So if you wish to arrive at 11 for the potluck, you are most welcome!

With love, Aqdas



## APRIL PASSOVER SEDER

6:00 PM FRIDAY, APRIL 13, 2012  
4737 E. CECELIA STREET  
(ISHWARA'S HOUSE)

Rafia and I are offering a Passover Seder again this year to celebrate Moses leading the Jews out of slavery in Egypt to the Promised Land. We will follow the same format as last year, with lighting candles, reading the story, participating in traditional rituals, contemplating the relevance of this event to our daily lives, and sharing a traditional meal. Our emphasis will be thoughtful and meditative, as well as engaging and fun.

We plan to shorten the initial section so the meal comes sooner!

Each participant will be asked to bring specific foods. Ruknuddin will be coordinating to be sure all the ritual foods are present. Absolutely no regular bread or crackers to be included.

Please contact me by April 3 if you plan to come. Family members and friends who would enjoy this event are welcome. If you aren't sure, but think you will come, let me know that. We need this information for food planning and space considerations. **After April 3, please check with me about** space availability.

325-1854 or [ishwara.thomas@gmail.com](mailto:ishwara.thomas@gmail.com)

### Sufi Order International West Coast

#### Summer Camp 2012

July 20-26, 2012 Mt Madonna Retreat Center

(Located in a redwood forest overlooking Monterey Bay in Northern California).

July 21-23 Meditation Retreat with Pir Zia and Aziza

July 24-26 Awakening to the Heart with Pir Zia, Taj Inayat and Others

July 24-26 Leaders Training and Retreat Guide Training

**More info in flyer attached!**

### An Invisible Pile of Wood

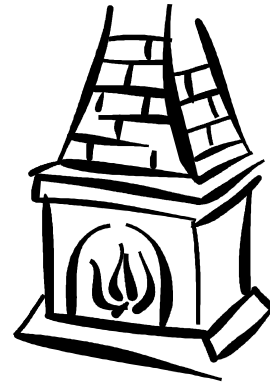
It  
Is often  
Nothing the Master says

That keeps the desired fire in me  
Alive.

Wherever the Master goes  
An invisible pile of wood tags along

That He keeps throwing logs from  
Onto my

Soul's hearth.



—Hafiz

From Ishwara

### Teahouse for the Soul for April and May

Murshida Tasnim's retreat will be at the Center for Expressive Arts Therapy the first Sunday of April, replacing Teahouse for the Soul.

The first Sunday of May, May 6, Jemila Rose will be hosting and leading the Teahouse, as I will be out of town on a personal retreat. She will communicate with you in the next newsletter about the details.

In June, I will be traveling to Suluk West so we will need to change the date or cancel. I'd appreciate if you would email me about your availability and interest for that month.

We will be offering a Teahouse in July and August.

Ishwara ([ishwara.thomas@gmail.com](mailto:ishwara.thomas@gmail.com))



# April 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Dance to Glory Retreat w/ Murshida Tasmin Fernandez 9:30–4 pm  Ishwara: 325-1854 to register	2 Universal Worship and Healing Service  10 am  Rafia: 795-9250	3	4	5	6	7
8	9	10	11	12	13 Sedar at Ishwara's home.  Please RSVP 325-1854	14 Dances of Universal Peace  7–9 pm Yoga Oasis  Tara Noor: 275-2855
15 Morning Meditation Retreat with Aqdas 9–11 am with potluck to follow  Amira's home 887-5916	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**DIRECTIONS TO AMIRA'S HOME 5491 N. Whitethorn**

Proceed North on La Canada from River Road. Turn right (East) on Coachwhip, left onto Hopbush, left again on S Paintbrush. This road turns into Whitethorn. House is on the left at the end. 887-5916

***Dances of Universal Peace in Tucson***

Second Saturday - April 14 — 7 to 9 pm  
Yoga Oasis

Call Tara Noor (Teresa) at 275-2855 or email [teresa@sierrita.org](mailto:teresa@sierrita.org) for more info.

SUFI ORDER  
SIRRIYA EVE HADY  
3496 N PASEO DE SAN AGUSTIN  
TUCSON AZ 85712



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**INTERNATIONAL** North  
American Secretariat:  
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[www.sufiorder.org](http://www.sufiorder.org)

Sufi books, music & gifts:  
[omegapub.org](http://omegapub.org)

## Tucson Center for the Message

**Regional Representative  
and Center Leader:**

Amira Kardish 520-887-5916  
[Kardish1@comcast.net](mailto:Kardish1@comcast.net)

**Center Representative,  
Universal Worship and  
Healing Conductor**  
Rev. Rafia Wilcox  
520-795-9250  
[marian99@q.com](mailto:marian99@q.com)

### Tucson Center Coordinator

Jemila Rose Meigs  
520-325-9133  
[jemilarose88@gmail.com](mailto:jemilarose88@gmail.com)

### Guide

Rashida Richards 520-742-1348  
[lindaqrichards@earthlink.net](mailto:lindaqrichards@earthlink.net)

### Kinship Concentration

Aisha Rawls 520-742-5182  
[kathyrawls@Comcast.net](mailto:kathyrawls@Comcast.net)

### Representative in Training

Ishwara Thomas 520-325-1854  
[ishwara.thomas@gmail.com](mailto:ishwara.thomas@gmail.com)

### Tucson Center Coordinator

Qayyima Schmidt 520-721-5016  
[k8schmidt@aol.com](mailto:k8schmidt@aol.com)

### Database

Noor Jehan Rex  
[CAppl@aol.com](mailto:CAppl@aol.com)

**NEW! Tucson Center for the  
Message website [http://  
www.sufiorder.weebly.com](http://www.sufiorder.weebly.com)**

### AFFILIATED SUFI ACTIVITIES: TUCSON

Dances of Universal Peace Tara  
Noor (Teresa) Newberry  
275-2855 [teresa@sierrita.org](mailto:teresa@sierrita.org)  
Second Saturday 7-9 PM  
Yoga Oasis

### SURPRISE, AZ

Universal Worship,  
Meditation  
TaHa Julia Leakey  
623-075-2022  
[julialeakey@yahoo.com](mailto:julialeakey@yahoo.com)

### PRESCOTT

Zikr, Workshops, Healing  
Prayer and Universal Worship  
Yaqin Sandleben  
928-445-6505  
[yaqinlance@gmail.com](mailto:yaqinlance@gmail.com)

Dances of Universal Peace  
Third Saturdays at the Smoki  
Museum  
[http://  
www.prescottcircle.org/](http://www.prescottcircle.org/)

### SEDONA

Dances of Universal Peace  
Sedona Community Center  
Shakura Cathryn  
928-634-1696 or  
[shakura@commspeed.net](mailto:shakura@commspeed.net)

[http://sites.google.com/  
site/dupnaz/](http://sites.google.com/site/dupnaz/)

### COTTONWOOD

Old Town Center for the Arts  
Shakura Cathryn 928-  
634-1696 or sha-  
kura@commspeed.net

[http://sites.google.com/site/  
dupnaz/](http://sites.google.com/site/dupnaz/)

### PHOENIX METRO AREA

[www.phoenixdances.org](http://www.phoenixdances.org)  
Dances of Universal Peace

First, second, third and last  
Saturdays. Locations listed on  
website. Or contact: Shivdam  
Adam Burke 602-224-0052  
[shivdam@phoenixdances.org](mailto:shivdam@phoenixdances.org)

First Saturdays:  
'Desert Wisdom' chant and  
movement. Contact: Jivani  
Joyce Carlson  
480-250-1888  
[painter4hire@cox.net](mailto:painter4hire@cox.net)

If you would like to subscribe  
or contribute to this  
newsletter or have a change  
in address, phone or email,  
please contact Sirriya  
Eve Hady,  
[gatheringgems@gmail.com](mailto:gatheringgems@gmail.com)  
520-444-9189